

✠ Divine Mercy Parish ✠

(Founded 2010)

Saints Peter & Paul Church
Est. 1903

St. Anne Church
Est. 1882

St. Adalbert Church
Est. 2910

Three Rivers, Massachusetts

Rev. Stefan J. Niemczyk, Pastor

Rectory: 2267 Main Street (413) 283-6030

Office Hours: Mon. & Fri. 9 A.M. to 3 P.M.; Tues., Wed., Thursday 9 A.M. to 1 P.M.

Divine Mercy Religious School & Parish Hall – 283-4320

Email: stspeterpaulanne@gmail.com ~~~ Website: www.churchofdivinemeracy.org

August 1, 2010



Vigil of Sunday – 4:00 p.m. and 5:15 p.m. - **Sunday** – 8:00 a.m.(Polish) and 9:30 a.m.

Daily Masses – 7:00 a.m. (except Tuesday) - Tuesday – Novena & Mass 5:30 p.m.

Holy Day Masses – Refer to Mass Schedule

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**SACRAMENT OF PENANCE** – Saturday 3:00 p.m. First Friday at 6:30 p.m.

**SACRAMENT OF BAPTISM & HOLY MATRIMONY** – Contact Rectory to make arrangements

**SACRAMENT OF THE SICK (ANOINTING)** – Contact Rectory when the need arises

**SICK CALLS** – Anytime

All items for the bulletin should be submitted no later than Tuesday morning at 10:00 a.m. in order for it to be printed in the upcoming weekend bulletin (please include your name & phone #). You may email your item, drop it off at the Rectory or mail it. Note there is editorial discretion on all items. Email: [stspeterpaulanne@gmail.com](mailto:stspeterpaulanne@gmail.com).

Co-Directors of Religious Education: Jean Brigham (283-4232) & Michael Wostena  
Parish Secretaries: Lydia McKee & Debra Ingalls  
Choir Director & Organist: Mark Narreau (583-8541)  
Organist: Mary Besko & Barbara Kelleher (596-2727)

## **WEEKLY CALENDAR**

### **SATURDAY, July 31<sup>st</sup>**

- Confessions at 3:00 p.m.

### **SUNDAY, August 1<sup>st</sup>**

- Chalice of Strength – Prayers for Priests & Vocations – 4:00 p.m. in the church

### **MONDAY, August 2<sup>nd</sup>**

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### **TUESDAY, August 3<sup>rd</sup>**

- Choir Rehearsal – check with Mark Narreau, Director

### **WEDNESDAY, August 4<sup>th</sup>**

- Alcoholic Anonymous – 7:00 p.m. – St. Maximilian Kolbe Room

### **THURSDAY, August 5<sup>th</sup>**

### **FRIDAY, August 6<sup>th</sup>**

- Get-Together for Picnic Volunteers at 6:00 p.m. in the Parish Center

### **SATURDAY, August 7<sup>th</sup>**

- Confessions at 3:00 p.m.

### **SUNDAY, August 8<sup>th</sup>**

- Concert at 4:00 p.m. in the Church with reception in the Parish Hall afterwards

## **Mass Intentions**

### **Saturday - July 31<sup>st</sup> St. Ignatius of Loyola, priest**

7:00 a.m. - +Emily Czupryna - The Family

4:00 p.m. - +Clarence Lague, Bobowicz & Shea Families - The Family  
+Edward Ziobrowski - His Family

5:15 p.m. - +Henry & Vivian Trespas - Their Family  
+Suzanne Lynn Beauchemin - Her Family

### **Sunday - August 1<sup>st</sup> - Eighteenth Sunday in Ordinary Time**

8:00 a.m. - +Joseph Wostena, Jr. 16<sup>th</sup> Anniv. - His Wife & Children

9:30 a.m. - +Joseph & Emily Palmero - Barbara Wojnilowicz

### **Monday - August 2<sup>nd</sup> St Eusebius of Vercelli, bishop; St. Peter Julian Eymard, priest**

7:00 a.m. - All Parishioners of Divine Mercy

### **Tuesday - August 3<sup>rd</sup>**

5:30 p.m. - +Frank Lachowski - Joe Zebrowski & Family

### **Wednesday - August 4<sup>th</sup> St. John Mary Vianney, priest**

7:00 a.m. - +Paul & Catherine Lubas - Their Family

### **Thursday - August 5<sup>th</sup> The Dedication of the Basilica of St. Mary Major in Rome**

7:00 a.m. - +Frank and Edna Skutnik - The Family

### **Friday - August 6<sup>th</sup> The Transfiguration of the Lord**

7:00 a.m. - +Joseph Pietrowski - Fred & Betty Brozek

### **Saturday - August 7<sup>th</sup> St. Sixtus II, pope and martyr, and his companions, martyrs; St. Cajetan, priest; Blessed Virgin Mary**

7:00 a.m. - For Living & Deceased Members of the Holy Rosary Sodality Group of Cheryl Kozlik

4:00 p.m. +Louis & Dorothy Luzi - Their Daughter Gail  
+Thomas and Frank, Sr. Zabawa - Their Family

5:15 p.m. - +Florence Holt - Pat, Lynn, Laurie and Anjelina

### **Sunday - August 8<sup>th</sup> Nineteenth Sunday in Ordinary Time**

8:00 a.m. - +Jan Wasiuk od Zony Leokadii z rodzina

9:30 a.m. - +Catherine & Stanley Giza - The Family

~~ **DIVINE MERCY SCHOOL OF RELIGIOUS EDUCATION NEWS** ~~

**VACATION TIME**

It is our hope that our students and their families enjoy a wonderful vacation time. Vacations are beneficial. They help us change our routine, permit us to experience new places and people while continuing to grow and appreciate the natural beauty of God. WE CAN BE VERY GRATEFUL THAT THE ONE WHO NEVER GOES ON VACATION IS GOD! He never has a "busy signal" or transfers us to voice mail. In appreciation, it's only right that we should not forget God during vacation time. We must go to Mass each Sunday, and that includes when we are away from home. The Holy Eucharist is what makes us Catholic, and gives us the spiritual strength we need. Let's be proud of, and always want to live our Catholic faith!

~~ **ADORATION OF THE MOST BLESSED SACRAMENT** ~~

Wednesday – 7:30 a.m. to 8:00 p.m.

Thursday – 7:30 a.m. to 4:00 p.m.

Friday – 7:30 a.m. to 8:00 p.m.

Saturday – 7:30 a.m. to 3:00 p.m.

*If you can give one hour, or substitute, please call Diana Roth @ 283-8709*

**Forgiveness**

**"No one heals himself by wounding another."**

**St. John Chrysostom**

**For Reflection:**

**"We should be careful of what we allow to rent space in our heads!"**

*Something to think about !*

**PRIESTLY & RELIGIOUS VOCATIONS**

.....If you feel God may be calling you to a religious vocation in His Church, call Fr. Gary Dailey at 413-452-0816 or email: [g.dailey@diospringfield.org](mailto:g.dailey@diospringfield.org). Website: [www.myvocation.com](http://www.myvocation.com).

~~ DONATIONS ~~

*SINCERE THANKS for your generosity & support of our parish – God Bless All*

**GENERAL FUND -**

**BURSE FUND -**

**CASH DONATIONS TO OFFSET MONEY RAFFLE –**

\$25 from Debra Geoffrion

\$50 from Denise Dupont

\$25 from Jayne Heede

\$20 Stella Zerdecki

\$85 from Joseph Wysmulek

\$25 from Mr. & Mrs. Daniel O'Connor

50/50 Tickets - \$100 from Helena Jalbert

½ Sheet of Apple Cobbler from Countryside Bakery

2 Skimmers for boiling pierogi from Mary Majka

**THANKS TO ALL!**

~~ DIVINE MERCY NEWS ~~

Sunday, August 8<sup>th</sup> at 4:00 p.m. – Concert featuring Jennifer Fijal in the Church with reception to follow in the Parish Center

Sunday, August 22<sup>nd</sup> at 9:30 a.m. – First Mass for Fr. Tomasz Gorny, with reception to follow in the Parish Center

**“SIGN IT” - DIVINE MERCY** When writing a check out to the church, please make it out to **“Divine Mercy Parish”**.

**FOOD SHARE** – Please continue to assist with your donations to the Food Share program. All non-perishable items are accepted, including crackers, Jell-O, condiments, coffee, tea, jams, jellies, cake mixes, etc. Drop off donations in the box at church. *Thank you for your help!*

**WEB-SITE UPDATE** – Please visit our church web-site [www.churchofdivinemeracy.org](http://www.churchofdivinemeracy.org). Paul Brozek is the person that updates the web site; if you have any comments or would maybe like to see something added, please contact the Rectory. Weekly bulletin can be viewed there.

(Divine Mercy News...continued)

**STAR 2010-2011**- Your **AUGUST** contributions to the STAR Program may be deposited in the weekly collection basket or may be mailed to the Rectory. Please make your check payable to Divine Mercy Parish and include the applicable coupon so you will be properly credited and entered in the next drawing.

**FROZEN CABBAGE PIEROGI** are available at the Parish Center after each mass this weekend for \$6 a dozen.

**GET-TOGETHER** There will be a get-together and meal for all volunteers who worked at the picnic. It will be held in the Parish Center at 6:00 p.m.

**PARISH PICNIC - WINNERS!!** The following won prizes at this year's picnic:

**Money Raffle**

\$1,000 .....Sylvia Gurecki  
\$500 ..... Rudolph Charkiewicz  
\$250 ..... David Wachta  
\$250 .....Justin Kania  
\$100 .....Marge Marciniac  
\$100 .....Carol Maslon  
\$100 .....Rudy Wilk  
\$100 .....Mindy Westermann  
\$100 .....Jon Ablicki

**OIL RAFFLE**

300 gallons ..... Joe Halgas, Jr.  
200 gallons .....Stella Zerdecki

**LAWN TRACTOR**

Barbara Lemos

**SPECIAL RAFFLE**

TV ..... Rick Lipscomb  
Air Conditioner ..... Claudia Kowalczyk  
Tools ..... Bill Jalbert  
Storm Door .....George Stolgitis  
Storm Door .....Vera Gilbert  
Quilt ..... Tammy Haraty

(Divine Mercy News...continued)

**SPECIAL RAFFLE WINNERS ...continued**

\$200 Gas Card .....Emily Kubacki  
Patio Set ..... Blanche Wostena  
2 Red Sox Tickets .....Mary Besko  
\$25 Gift Certificate for Pekarski Sausage .....Devon Dalessio  
\$25 Gift Certificate for Pekarski Sausage .....Sallie Rosinski  
\$25 Gift Certificate for Pekarski Sausage .....L. Siegel  
Oil Painting..... Rich Thibodeau  
2 Polish Dolls .....Tom Vybau  
Drill Set .....Robert Ballou  
Drill Set .....Helen Roy  
Grill .....Vicky Lemay  
Demitassee Coffee Set .....Lydia Dobek  
Cooler with beer & coke .....Jean Maszta  
Buffett Set..... Helen Lemek  
Coffee Maker .....Sallie Rosinski

**CONGRATULATIONS TO ALL !!!**

**CONCERT AT DIVINE MERCY**

There will be a concert here at Divine Mercy Parish  
on **Sunday, August 8<sup>th</sup>** at 4:00 p.m. featuring  
Jennifer Fijal and pianist Clifton J. Noble Jr.

The event will vary from art songs to musical theater to opera.

Admission is by donation at the door.

Suggested donation is \$15, but less or more is welcome.

Jennifer is a senior at Plymouth State University and will be applying to graduate  
programs next year for voice.

There will be a reception in the Parish Hall following the concert.

(Divine Mercy News...continued)

**ALL LECTORS** at the 4 p.m. and 5:15 p.m. Saturday Masses: Please pick up your new schedules in the Sacristy unless it was e-mailed to you. Contact Diane Baldyga (283-8608 or e-mail dbaldyga@comcast.net) for scheduling issues at the 4 p.m. and 5:15 p.m. Masses.

**CAN YOU HELP! -**

Someone is looking for a Queen size frame, headboard, footboard & dresser. If anyone has these items and would like to donate or sell them at very reasonable price, they can contact Diana or Sonny Roth @ 283-8709

**ANNIVERSARY MASS FOR MARRIED COUPLES**

Bishop Timothy A. McDonnell cordially invites all married couples celebrating any significant wedding anniversary in 2010 to a special Anniversary Mass on Sunday, **October 24, 2010**, at 2:00 p.m., at St. Michael's Cathedral, Springfield, MA. Many couples celebrating 25th and 50th anniversaries attend every year, but any couples wishing to remember their anniversary with this special liturgy are also most welcome. Please notify the parish office of your name and address before Wednesday, August 11, 2010, to receive a personal invitation from Bishop McDonnell.

~~ **AROUND THE AREA** ~~

**MICHAEL H. DESLAURIERS SCHOLARSHIP FUND, SUMMER BLAST** to be held Saturday, **August 7<sup>th</sup>** from 4:00 pm. to 10 p.m. (rain or shine). Adults/\$5 – Children 12 & under are free.

K of C Pavilion, West Main Street (Rt. 9) in Ware. Music by Dennis Polisky's "The Maestro's Men". All seniors in local schools including Pathfinder are eligible to receive this Scholarship.

**ST. JOSEPH'S CHURCH** 358 Pleasant St. in Gardner, MA is joining the P.A.C.C.'s Polish Picnic on Sunday, **August 15<sup>th</sup>** at 171 Kendall Pond West in Gardner from 12 – 6 p.m. There will be Polish and American food. Music for listening and dancing will be provided by Eddie Forman. There will be various tables and raffles including money, liquor and basket raffles; Restaurants, etc; face painting and much more. Come join the fun. (978)632-0375.



## “The Virtue of Patience.”

The Merriam-Webster Dictionary defines the noun **PATIENCE** as the capacity, habit, or fact of being patient. The adjective **PATIENT** means *“bearing pains or trials calmly or without complaint; manifesting forbearance under provocation or strain; not hasty or impetuous; steadfast despite opposition, difficulty, or adversity.”*

In these next two columns, we are visiting the topic of patience. If properly practiced, this is a great virtue to be emulated. However, if it is exaggerated or twisted, patience retains little of the positive definitions above.

President George W. Bush (2001-2008) had his fair share of detractors during his term in office. After the unprecedented terrorist attacks on Sept. 11, 2001, there appeared almost enough critics to fill a baseball stadium. Though he was often harshly criticized for the actions it took in the war on terror, President Bush rarely retaliated in kind. In fact, he paid a compliment to us U.S. citizens that was undeserved. In speaking of the war on terror, the president, on various occasions said that *“the American people are a patient people.”* Here we respectfully disagree with the former president.

The virtue of patience in America has been disappearing steadily for quite a while. We have only to look at patterns in shopping and traffic as two examples. How many of us have had the uncomfortable experience of standing in line at a grocery or other store with the person behind persistently pushing his/her items to hurry us along? Even though cashiers routinely scan items today, eliminating the need to punch in numbers, it’s still not fast enough for some people.

Have you ever been cut off driving in traffic by another driver pulling out of a side street, or been narrowly missed by that other driver who plows through the yellow and red lights? Whoever hasn’t had those unfortunate traffic experiences is rare indeed. Or how about driving 65-70 mph on the interstate, and it’s still not fast enough for the car in the rear which appears as if it wants to get into your vehicle’s trunk? What about turning on the computer? If it’s not up and running in under one minute, we groan in frustration and bang the keyboard harder, as if that will make the computer work faster.

What about the person who leaves Mass at Communion, before the final blessing? There will probably be enough breakfast, newspapers, and scratch tickets left!

*“No, President Bush, we Americans are not patient. We’re always in a hurry.”* The question is, **WHAT IS THE HURRY?** Do those few extra minutes in the check-out line, short of a real emergency, make that much difference? If one slows down when the light turns yellow and stops at red, or safely stops the car before turning right on red or emerging from a side street, will so much time be lost in those few moments?

Look around at people. Many are not happy. The loss of patience is a symptom of our grasping for something else. But very few people take the time to consider what they are looking for, or what the hurry is all about? What about eternity? Where do you want to spend it? All the hurrying in the world won’t prevent our appointment with death, when we face God our creator. In fact, our constant impatience may hasten our death.

*To be continued....*

## VOTIVE LAMP INTENTIONS

1.+Edna Burns – daughter Patty. 1.+Piotr I Anna Majka – syn. 1. Zsp. Joseph & Frances Swist – daughter. 1.+Earl McKee – wife Lydia. 1.+Frank & Mary Falk – daughter & son-in-law. 1.+Felix & Catherine Misiaszek – son Peter & daughter-in-law. 1.+Phyllis Misiaszek – brother Peter & sister-in-law. 1.+Sister Josephine – Niece. 1.+St. Anne special blessings on grandchildren. 1. St. Anthony for a special favor. 1. +Joseph Misiaszek - Peter & sister-in-law. 1. Zsp. Deceased members of Salamon & Marcinkiewicz families. 1. +Deceased members of Gut & Yurkunas family. 1.+Helen & Francis Ford – Pat. 1.+Rusty Nowak – wife & son. 1. Zsp. Jana Wasiuk – od zony z rodzina. 1. Thank you God, for prayers answered & continued blessings & good health – B.R. 1. God’s blessing & continuing recovery for Eleanor – Charlie. 1.+Michael A. & Mary Wojnilowicz – son Michael. 1. Pray for world peace – Holy Rosary Sodality. 1. For a friend’s health. 1.+Edward Ziobrowski – family. 1. For all members of the military – Rosary Sodality. 1. For an end to abortion – Rosary Sodality. 1. Health for our sick parishioners – Rosary Sodality. 1. For Priestly and Religious vocations – Rosary Sodality. 1.+Edward Zerdecki – wife & family. 1. +Darryl Tyburski – love Mom, Dad, sister Betty & brothers Tom & Ray. 1.+Julia & Joseph Koziol – family. 1.+Edward Godek – wife Pat. 1. Health & God’s blessings for Irene Orluk – Sophie. 1.+Nancy Szostek – Gloria Nowak. 1.+Kowalczyk family – family. 1. Zsp. Franciszke I Wojciecha Frydryk – Syn. 1.Zsp. Stella I Leo Pulaski – J.F. 1.Zsp. Anne I Michala Zbylot – J.F. 1.Zsp. Edna I Frank Pytka – J.F. 1. Zsp. John I Michael Boronski – J.F. 1. Zsp. Patricia Kohler – J.F. 1. God’s blessings & health for Christine – Virginia. 1. Healing for Susan B – LJF. 1. Rest in peace Michael – LJF. 1. Health & God’s blessing for daughter & family. 1. +Rose Desmarais – Nancy Morris +John J. Ligus – wife Helen. 1. God’s blessings & health for Susan G. – Vera B.. 1. +Monty Sikorski – 2<sup>nd</sup> anniv. – wife & family. 1. Happy Birthday Tom & good health – Mom & Dad. 1. healing & strength. 1. Susan L.K. – S.. 1. A.J. & Joanne Lemanski; Stella Maestrono – S.. 1. Terry & Frank Kulina; Gale Benoit – S.. 1. +Julia A. Machnik & +Genevieve Vaz – S.. 1. The Lemanski family – S.. 1. peace of mind – SML. 1. +Henry Stefanowich – Barbara. 1. +Frank Miskiewicz – Barbara. 1. +Sophie & Joseph Socha – Anna. 1. To St. Lucy for a special favor. 1. Birthday blessings – Grandma Jo. 1. Zsp. Rodzicow Witkowskich – od corki. 1. +Genevieve Vaz – Lori. 1. Blessings for good health – Fran Sawicki – Barbara Marcinkiewicz. 1. Family health & God’s blessing. 1. For Mom & Dad’s health – TKNE. 1. God’s blessings – Tom & Jane Kubacki. 1. Sophie Nykiel – V. Gilbert. 1. God’s blessings of health for Irene Pietryka – Tom & Jane. 1. “Jesus I Trust In You” blessings of family health & strength. 1. Thanksgiving to St. Faustina – Jane. 1. Living & deceased members of Lemanski & Vaz families. 1. To St. Philomena in thanksgiving. 1. Zsp. Jozefe Wasiuk – od corki Leokadi z rodzina. 1. Zsp. Florianne Wasiuk – od synowej Leokadi z rodzina. 1. O zdrowie Boze blogoslawienstwo dla dzieci John & Anna Wasiuk – od Mamy. 1. To Pope John Paul I for good health of Blanche Wostena. – children. 1. Zsp. Joseph Wostena, Jr. – 16<sup>th</sup> anniv. – wife & children. 1. +Stephanie (13<sup>th</sup> anniv.) & Thaddeus Misiaszek – family. 1. +Joseph Marchelewicz – family. 1. In loving memory of Grace Kulpa – daughter Debbie. 1. God’s help & guidance for my son – D.. 1. God’s blessings, good health

& continued success for Rep. Todd Smola – EK&GK. 1. +Grace Kulpa – husband Ed. 1. Pat & Linda – a miracle for Baby Ben. 1. God’s blessings & continued good health for Mary Besko – Lillian Olearczyk. 1. Jesus I Trust In You. 1. God’s blessings & good health for Mary Besko – St. Cecilia’s choir. 1. +Frank & Sophie Swiatlowski – family. 1. Special blessings for Lynne Riendeau – Sonny & Diana. 1. Special blessings for John & Barbara Yurkunas – Sonny & Diana. 1. Special blessings for Lisa & Maxwell – Sonny & Diana. 1. Special blessings for Tommy Orszulak – Sonny & Diand. 1. Special blessings for Louise Geiger – Sonny & Diana. 1. Thanksgiving to God our Father – Sonny & Diana. 1. Thanksgiving to St. Mary Magdalene - Sonny & Diana. 1. Thanksgiving to St. Hubert – Sonny & Diana. 1. Thanksgiving to St. Anthony - Sonny & Diana. 1. Thanksgiving to St. Francis – Sonny & Diana. 1. Thanksgiving to St. Philomena – Sonny & Diana.. 1. Thaksgiving to blessed Virgin Mary for seeing eyes – Sonny & Diana. 1. Special blessings for Steve & Zoie Przybycien – Sonny & Diana. 1. Special blessings for John Roth – Dad & Mom. 1. +Joseph & Emily Palmero – brother Michael. 1. For the Holy Spirits protection & guidance for Father Stefan – L.R.. 1. For intentions of the prayer line – L.R.. 1. In thanksgiving to St. Philomena for Philomenas safe return – L.R.. 1. For grandson Jace on his birthday – Grammie. 1. For belated birthday blessings for Deb O’ – L.R.. 1. +Frank Zabawa – his wife. 1. +Louis Zglobicki – wife & family. 1. +Anthony Zieminski – wife & family. 1. Blessings & good health for daughter & son & their families. 1. +John Mastalerz – wife & family. 1. +Stephen & Sophie Noga – son Stephen. 1. Jesus I Trust In Thee. 1. Living & deceased members of our families. 1. God bless us all. 1. Happy **98<sup>th</sup>** birthday Mary Edgerly – the family. 1. Zsp. Edward Izyk anniv. – the family. 1. Special intention for Father Stefan – S.. 1. +Edward Rudnick – family. 1. +Frank Charwick - wife & sons. 1. God’s blessing & return to good health for Richard Charwick – Mom & Bruce & Frank. 1. St. Jude – healing – D.. 1. +Victoria & Andrew Jackanowski – Chet & Helen. 1. Safe travel for daughters. 1. Blessed Mother – blessings & good health for daughters & granddaughters. 1. God’s blessings & good health for Louis Kapinos – love Julie & Carol. 1. +Fred Mastalerz – love Julie & Carol. 1. +Husband & son – love A. Pietrewicz. 1. +Sophie Jacek – **15<sup>th</sup>** anniv. – sister Edna. 1. +Sophie Jacek – **15<sup>th</sup>** anniv. – son Fred & daughter-in-law Joyce. 1. +Raymond Sabourin, Sr. – wife & family. 1. St. Lucy – E.. 1. St. Jude & St. Anthony – E.. 1. +John & Henrietta Weiczorek – S. Rosinski sister. 1. +Stefan Rosinski – wife Sallie. 1. God’s blessings for a total recovery, Mom – love, June. 1. Thanks & God’s blessings to everyone who lit candles, said prayers, and sent me cards for a speedy recovery – love, Josie Slozak. 1. Health & happiness of K.T.E.N. – M.P.. 1. God’s blessings & health for J.J.P.B.J. – M.P.. 1. +Victor Bukowski – R.C. 1. +Victor Bukowski – wife Frances. 1. +Walter Smola – wife, Alice. 1. Health & God’s blessings for my grandson – Babci. 1. God’s blessings & healing for Jake. 1. Gods blessings on our family. 1. +Joe Misiaszek – Cis & family. 1. +Joseph Kszepka – wife & family. 1. +William Gilbert. 1. +Helen Starzyk. 1. +Eleanor Starzyk. 1. +Betty Bielaska. 1. God’s blessing & good health for KDJ.

**~~ BACK PAGE HUMOR & MORE~~**

A Doctor was addressing a large audience in Tampa.

'The material we put into our stomachs is enough to have killed most of us sitting here, years ago. Red meat is awful. Soft drinks corrode your stomach lining. Chinese food is loaded with MSG. High fat diets can be disastrous, and none of us realizes the long-term harm caused by the germs in our drinking water.

However, there is one thing that is the most dangerous of all and we all have eaten, or will eat it.

Can anyone here tell me what food it is that causes the most grief and suffering for years after eating it?'

After several seconds of quiet, a 75-year-old man in the front row raised his hand, and softly said,

'Wedding Cake!!'

